

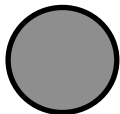
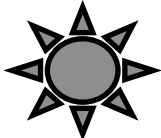
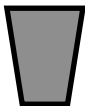




# Song - It Takes 7 Simple Messages



Attitude 	You've got to smile like the sunshine.
Air 	
Nutrition 	
Sunshine 	
Water 	
Exercise 	
Rest 	

Write down some of the simple messages in the table above from the It Takes 7 song, Attitude is the ANSWER.